

**FOR IMMEDIATE RELEASE**

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### **Tri-Valley Haven Virtual Domestic Violence Support Group**

Tri-Valley Haven will be hosting a weekly online support group for survivors of domestic violence starting Monday, May 17, 2021. The virtual group will be held on Mondays from 11:00 am to 12:00 pm for 10 weeks. \*

Tri-Valley Haven offers a variety of counseling and support group services. We consider that healing is a necessary first step in re-building lives effected by trauma. We also believe in empowering people to regain their sense of self, their sense of pride, and their sense of accomplishment.

If you are interested in joining our weekly support group sessions, starting Monday, May 17<sup>th</sup> please contact Olga H, LMFT at [olga@trivalleyhaven.org](mailto:olga@trivalleyhaven.org) or Sharon F, AMFT at [sharon@trivalleyhaven.org](mailto:sharon@trivalleyhaven.org). We look forward to meeting and supporting you in your therapy journey.

\*Subject to change due to holidays or low attendance