



Meet Marina

Marina, a monolingual Spanish-speaking mother who moved into our homeless shelter without any income or savings. Being at Sojourner House gave her the resources to get a job at a local grocery store, and enroll in English as a Second Language classes to help her communicate with customers.

She was able to enhance her budgeting and saving skills through our life skill classes. With financial assistance from our Linkages Program, she was able to move in to her own apartment.

*Client names and images are changed to maintain client confidentiality

Tri-Valley Haven MID-YEAR REPORT 2023



Since 1977, Tri-Valley Haven has offered a myriad of services for survivors of domestic violence, sexual assault, and homelessness. Shelter is a fundamental service provided by Tri-Valley Haven - we offer a safe and secure home for survivors and their children who are fleeing abusive situations or facing homelessness. The shelter provides case management, restraining order assistance, life skills, and more, to help survivors rebuild their lives in a nurturing environment. Counseling groups are also available to survivors - these groups provide a supportive environment where individuals can share their experiences, learn coping mechanisms, and develop resilience. Tri-Valley Haven offers a "Client Choice" food pantry where families can pick out groceries, including hygiene or baby products, to best serve their needs. Our most essential service is our crisis line, which is available 24/7 even on holidays, operated by licensed volunteers and staff. This is the foundation for helping the community access our services to start their healing journey.

Backpack Distribution



Every year, Tri-Valley Haven provides over 500 backpacks to elementary, middle and high school students. Backpacks are pre-filled with school supplies such as binders, pens, lined paper, calculators and more.

We want to express our gratitude to all those who donated supplies and backpacks during our July 25th distribution event. Your generosity has made a great impact on the lives of many children in need by providing them with essential items needed to succeed in school. We want to especially thank Lynnewood United Methodist Church in Pleasanton for not only donating funds and filled backpacks, but also being a distribution spot. We are truly grateful for your dedication to our community and Tri-Valley Haven.

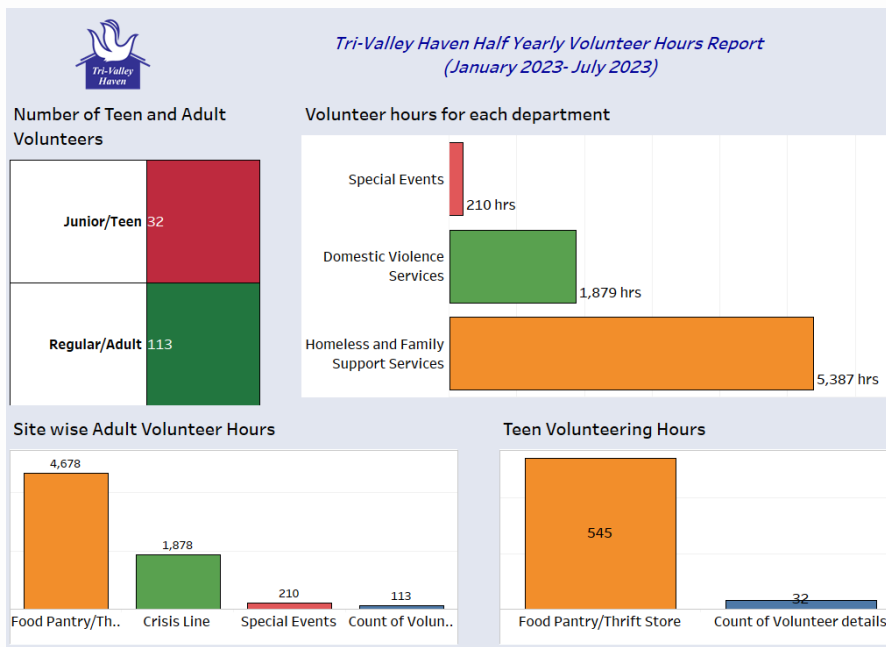
Livermore Connects

Tri-Valley Haven is ecstatic to be a partner of Livermore Connects which aims to improve health and economic outcomes for the most vulnerable populations in our area. With services like physical and mental healthcare, emergency financial assistance, temporary and permanent housing, food distribution, and domestic violence support, this coalition will bring hope and resources to those in need.

On August 12th, Tri-Valley Nonprofit Alliance hosted Salud Y Sol, a free community event with health-focused activities and resources for the residents of the Tri-Valley area. Tri-Valley Haven spent the day distributing backpacks from 10 AM - 2 PM at Rincon Park. We ended up distributing over 230 backpacks at our first Livermore Connects event.



We Love Our Volunteers!



We would like to express our heartfelt gratitude and appreciation to all the incredible volunteers who have selflessly dedicated their time, energy, and skills to support our cause.

Volunteers are the lifeblood of our organization. You have played a vital role in helping us make a positive impact in the lives of those we serve. Your dedication and passion have made a significant difference, and we are truly grateful for your invaluable contributions.

Pace For Peace 5k/10k

In honor of Domestic Violence Awareness Month, Tri-Valley Haven will be hosting its annual Pace for Peace 5K/10K Run & Walk on Saturday, October 7th, 2023 at 8 AM starting at the Haven's Community Building, 3663 Pacific Avenue, Livermore. The Pace for Peace has something for everyone, whether you are a



serious runner or out for a leisurely walk with friends and family to support our programs. Chip timing and finisher medals will be provided. We encourage you to bring your dog with you as long as they are leashed. Refreshments are provided for the whole family. For more information, please scan the QR code.



Clothesline Project

Tri-Valley Haven staff members created t-shirts centered around the core ideals of Juneteenth! The designed shirts were on display as a Clothesline Project on Friday, June 16th in front of Tri-Valley Haven's Community Building at 3663 Pacific Avenue in Livermore. Juneteenth commemorates the anniversary of the emancipation of enslaved African Americans on June 19, 1865.



Friend of the Haven - Mel McKay



What might (someone) be surprised to know about you?

I started in radio at the age of 15, and now I host "Hometown Mornings" on KKIQ, "Conversations with Mel McKay" on TV30. I grew up in a Polygamist family with four Moms and one Dad. Thanks to radio, I was able to extract myself from that environment.

How would you describe your personal mission?

I want my listeners to feel like they know me because I truly care about them. I love my job and appreciate everyone who chooses to wake up with me or tune into my TV show.

You do great work supporting local nonprofits. What interests you the most about TVH?

Everyone is stepping up to help those escaping domestic violence and sex abuse. It takes so much courage to seek help and the Haven is there to provide everything needed to start over and heal.

How do you stay involved with TVH?

I donate and shop at the Thrift Store and help share your message on my radio and TV shows. I have a wonderful platform, and it makes me feel great to help spread the word. I recommend TVH to anyone who shares their stories of need with me.

What changes do you believe would make the world a better place?

More empathy, compassion and love. If we all operated from those strengths, the world would be a much better place. We have the power to change, we just have to do the work

Shelter Rebuild

One of Tri-Valley Haven's most important service is our emergency shelter for families fleeing abuse in their homes. Our emergency shelter has been a vital community resource for decades, sheltering thousands of local survivors and their children fleeing abuse, while they heal. After many years of housing families, the current shelter is falling apart.



Investing in the rebuilding of our domestic violence shelter has a profound long-term impact. By providing survivors with a safe space and comprehensive support, we empower them to break free from the cycle of abuse. This, in turn, leads to healthier families, stronger communities, and a decreased likelihood of future violence. By rebuilding the shelter, we are investing in a brighter, safer future for all.

Founding Supporters

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Our Mission

*Creates homes **safe** from abuse*
*Contributes to a more **peaceful** society*
One person, one family, one community at a time
*Together we build a world **without violence**.*

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